

Society of Ortho-Bionomy International[®]

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Advanced Practitioner Training

Program Handbook

Revised August 2006

Registered Advanced Practitioner Training Program

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Registered Advanced Practitioner Program

Entrance Requirements:

1. Completion and approval as a Registered Practitioner Program by the Practitioner Review Committee (PRC)
2. Current membership in good standing with the Society of Ortho-Bionomy International
3. Completed Registered Advanced Practitioner Program Application Form (page 13)
4. Payment of the Advanced Practitioner Program Entrance Fee of \$100

Overview:

The Advanced Practitioner Training Program is designed to allow members an opportunity to deepen their training as Practitioners. The Program has been designed to allow Practitioners the ability to customize the program to meet their individual needs. The Program is grounded in the foundation classes of Ortho-Bionomy. Practitioners enrolling in the Advanced Training Program have the opportunity to choose a path of study that meets their long term goals. The requirement of 112 units of Electives may be met with additional classes or with a project/community service or with a combination of the two. This allows members to specialize in a particular area while meeting the requirements of the Advanced Program. For example, a Practitioner who loves working with animals and wants to focus on that aspect of his/her practice may choose additional classes and community service to increase her/his skills with animals. A Practitioner who wants to become an Instructor may take additional Phase 4 classes and focus on increasing his/her learning as a potential Instructor. All projects and community service Electives must be pre-approved by the student's advisor. The number of hours of Community Service or time spent actively participating in a project or elective classes must meet the Elective requirements. Two additional components of the Advanced Practitioner Training Program are the requirement of writing up case studies and the option of writing up a community service project for publication. The ability accurately to track a client's progress and thoroughly to document sessions is an important skill that all members need continually to build upon in their practice. As acceptance of Ortho-Bionomy grows, Practitioners must be able to demonstrate accurate documentation in their practice.

Curriculum:

(Units are approximately equal to one hour, 16 units per weekend)

Classes should be appropriate to the Advanced Practitioner Program.

In cases where these are not available, the candidate should approach the class on an energetic level appropriate to an Advanced level class. If the class is not an advanced level class, let the Instructor know that you are enrolled in the Advanced Practitioner Training Program. This energetic approach will be an integral part of the ongoing interaction with your advisor. A complete listing of the curriculum checklist can be found on page 14.

Fees:

\$100 Entrance Fee

\$150 Matriculation Fee

An entrance fee of \$100 payable to the Society of Ortho-Bionomy International is due at the time of your application into the Advanced Practitioner Program. An additional matriculation fee of \$150 is due on completion of the Program. These fees do not include your annual Advanced Practitioner membership fees in the Society. All fees are used to support the activities of the Society (a non-profit mutual benefit professional association). These include the staffing of the Society office, administration of membership and training programs, website, and general Society business. Your fees provide you with affiliation to a registered professional organization and trademark protection.

Choosing Your Advisor:

An integral part of the Registered Advanced Practitioner Training is the guidance, support, and feedback received from an advisor. Although it is strongly recommended that you experience working with as many Registered Instructors, Registered Practitioners and students as possible, the relationship you have with your advisor is unique. S/he will be working specifically with you as you progress in your training. It is necessary to choose an advisor prior to enrolling in the training program. You may begin taking classes and filling out your program record form immediately. It is strongly suggested that you choose an advisor before completing the first 100 hours of the program. As soon as you have an advisor you may send in your Application to enroll in the Advanced Practitioner Training Program (page 13) to the Society office.

The following are some tips and guidelines for selecting and working with an advisor:

- Can the Instructor clearly articulate what they require from the students whom they advise?
- Can the Instructor talk in detail about how they view their role as advisor?
- Do you feel that you will get the time and attention that you need from the Instructor? Be direct and ask for what you envision or ask the Instructor in what ways they are available outside of class for their students.
- What are the Instructor's fees for Feedback Sessions, Private Discussions, and Evaluation Sessions?
- Does the Instructor have a written contract? Not all Instructors have a contract but they should be able to talk in detail about what they expect from a student.
- Talk with several Instructors before choosing an advisor. This is a relationship in which you, as the student, will need to be supported and guided. Find an Instructor who matches your needs and at the same time will challenge you to continue to grow.

Advisor Eligibility: An advisor for the Advanced Practitioner Training Program must be a Registered Instructor who has been actively teaching for at least one year.

Agreement: Talk with the advisor of your choice to discuss expectations. Specify what you expect from an advisor and hear what s/he expects her/his role to be. When you come to an understanding that is clear for both of you, put your agreement in writing. You will have your agreement in which to refer if necessary.

On-going Relationship: Becoming a Registered Advanced Practitioner of Ortho-Bionomy is an on-going process. It is both a personal process and a process of coming to understand the work and how to utilize it. Maintaining on-going communication with your advisor is an invaluable aid in moving along in your process. Together you can establish your own mixture of pre-arranged meetings/sessions and more informal talks and ways to check in. Doing sessions for feedback with your advisor, having him/her observe your work with clients, having one on one discussions in person or by telephone are all excellent ways for your advisor to get a sense of where you are in your training and to guide you in your training. It is a good idea to plan together how and when you will stay in contact as part of your initial agreements. Be clear with your advisor if and where a fee is appropriate in exchange for her/his time.

Advanced Practitioner Training Program Requirements:

The training program consists of classes, sessions received, consultations (formerly private discussions), a lecture/demonstration of Ortho-Bionomy, documentation of sessions with clients, including at least one case study of at least 4 sessions with a client and preferably several more formal case studies (at least 5 case studies consisting of 5-10 sessions each are strongly recommended), feedback sessions, and evaluation sessions with Registered Instructors. On page 14 you will find a complete list of the requirements for the Advanced Practitioner Training Program. Below you will find a complete description of each component of

the training program. If you have any questions, please ask your advisor or any Instructor for clarification, or you may contact the Society office.

Class Descriptions:

Phase Four:

This foundation class covers the history, philosophy and concepts of Ortho-Bionomy and provides an overview of the basic release techniques for each major joint in the body. Movements and positions of comfort are demonstrated to facilitate the release of muscular tension and overall stress by stimulating the inherent, self-corrective reflexes of the body which help the body create structural alignment and balance from within.

Phase Five:

The focus of Phase Five is to move to a more subtle level of awareness of the practice and principle of Ortho-Bionomy. Specific techniques develop and increase the student's understanding and proprioceptive sensitivity to the self-corrective movements initiated by the client. Through the practice of observing, following and supporting subtle movement patterns, muscular tension is released, range of motion is increased and pain is reduced. In Phase Five, students are encouraged to do less and let the client be the guide for his/her exploration of change.

Phase Six:

This class is designed to help participants access and track sensation and energetic perception in themselves and in their clients, and to learn how to make contact without necessarily engaging physically. Techniques will be presented that monitor and acknowledge the inter-relationship between energetic, emotional and physical levels, and that demonstrate how energetic shifts can affect changes in physical patterns.

Exploration of Movement Patterns:

Exploration of Movement Patterns adds a dynamic dimension to the positional release techniques. Participants will learn to recognize and palpate patterns of joint and muscle movement in order to facilitate increased range of motion to promote a general sense of well-being in the body. By gently exploring and supporting preferred patterns of movement or stillness, the client is invited to actively participate and recognize their patterns.

Postural Re-Education and Post Techniques:

In this class, participants learn to evaluate and address inefficient postural habits through accurate observation and simple exercises. Techniques to work with spinal curvatures and scoliosis are presented and practiced. Post techniques focus on assessing and releasing areas of tension as well as integrating the work done in a session. In addition, exercises are taught to facilitate the client's ability to maintain balance through the neuro-muscular re-education of postural habits.

Isometrics:

Isometric and isotonic techniques for working with inefficient muscular tension patterns as well as underdeveloped muscle tone are presented and practiced. Through the use of restraining movement while the muscle is engaged, self-correcting reflexes are stimulated and habitual holding patterns can be released. Participants learn how the conscious use of obstacles can help promote change from rigid physical patterns to greater mobility and allows the client to actively participate in the session.

Chapman's Reflexes:

Class Descriptions Cont'd

This class presents the Chapman's Reflexes system of identifying and working with reflex points to facilitate lymphatic drainage and the balancing of the organs. The class also focuses on the relationship between the neurolymphatic reflexes and the endocrine system and its affect on structural balance as well as the individual's physical and emotional well-being.

Ethics and Emotional Issues:

Participants learn skills for addressing emotional responses that may arise during a session in an appropriate and professional manner. In addition, participants discuss the guidelines for professional conduct and review the Society of Ortho-Bionomy International's Code of Ethics.

Residential:

Residential training programs provide participants with the opportunity to broaden and deepen their understanding of Ortho-Bionomy techniques and principles through an in-depth immersion for five or more days of uninterrupted study. Residentials allow time for learning and personal growth as well as relaxation to facilitate the integration of technique, philosophy and the qualities of "Being" rather than "doing."

Study Groups:

Study groups are tailored to the participants' needs and give students a chance to review techniques, receive clarification about the application and principles of Ortho-Bionomy and to gain insight about specific client cases or situations that concern them.

Phase Seven: This class demonstrates the principles and applications of the Phase Seven pattern to assist with self-correction. The class addresses all levels of human experience and teaches participants a non-forceful, elegant way to approach problems of many kinds.

Cranial: This seminar applies the principles of Ortho-Bionomy energy work to the function of the cranial system. Participants are encouraged to feel the energetic patterns existing in the cranial system and allow the recipient to find a better balance through the self-correcting reflexes.

Tutorials:

Tutorial time spent with your advisor or instructor augments your study of Ortho-Bionomy outside regular classes.

The 19 units required include the following (unit equal to approximately one hour – individual segment length of tutorial time is at the discretion of the advisor)

Sessions Received (8 units): Sessions received from a Registered Instructor or Registered Practitioner in good standing during the course of your training to help you to understand and integrate what you have learned in class and what happens with the client (on the table and the follow on).

Sessions for Feedback (3 units): Sessions you set up with a Registered Instructor in good standing to give you feedback on your work, separate from evaluation. The program requires that you set up a minimum of one session for feedback during each 100 unit period of training.

Consultations (8 units): One-to-one time that you arrange to spend with a Registered Instructor in good standing to discuss your own questions and concerns about any aspect of Ortho-Bionomy. Not all of the private discussions need to be with your advisor.

Be sure to document your tutorial time. Include time, date, topics addressed and Instructor comments. At the end of your program, your advisor will check your documentation and an acknowledgement of the

Class Descriptions Cont'd

fulfillment of requirements should be included in materials sent to the Society. Fees for tutorial time are arranged with individual instructors.

Study Groups (*Minimum of six 3 hour sessions*): A group led by a Registered Instructor/Associate Instructor that meets to address the interests of participating students, i.e. review of class material, practice of technique, demonstration of Ortho-Bionomy, sharing/questions concerning ethical and emotional issues, etc. Study group fees are determined by the individual instructors. The Instructor or Associate Instructor must complete your Program Record Form in order for the Study Group to count toward your training requirements. Classes beyond those required by the Practitioner program can substitute for up to 2 of the 6 required instructor-lead study groups if the advisor agrees.¹

Documented Sessions (Supervised Practice): The 150 documented session hours with clients must be with a minimum of 20 different people. Each session must be a minimum of 30 minutes (even if the session extends beyond one hour it will still count as one) and must consist entirely of Ortho-Bionomy. We recommend that you begin documenting sessions given outside of class immediately upon your entrance into the program.

These would be a mix of: (a) freestyle sessions (current format) and (b) case studies, a minimum of one informal case study of at least 4 sessions is required and it is strongly recommended that additional case studies, preferably a minimum of 50 sessions constituting a minimum of 5 case studies be prepared. Documented sessions should demonstrate familiarity with core classes of Ortho-Bionomy as appropriate for the session. Each case study should include ideally at least 5 sessions with the client.

Keep a notebook of your sessions. A sample (master) of a form for the session can be used. Your Advisor should approve each case study as it is written, as this is an opportunity for feedback that can be incorporated into the next case study.

Case Study Format (for optional, recommended case studies):

The goal of a case study is to document change over time. By taking good notes at each session with a client, you can then compile a “picture or story” of what occurred over 5 or 10 sessions. The more that you write the easier it will be to compile the story later when putting together the case study. The notes taken during a session should include the following information:

- Subjective complaints, medical history
- Objective findings
- Assessment of subjective and objective findings
- Description of sessions including techniques used
- Response of client
- Conclusions

The case study should be formatted with the above information and a brief 50-100 word introduction or summary (abstract) to give as much depth as possible to your presentation of the client history and progress. Your advisor can help you with formatting the case study if necessary. A uniform format for case study presentation by all applicants will facilitate a collection of case studies as a learning tool in the future.

¹ On September 28, 2004, SOBI initiated a trial practice permitting Study Groups to be facilitated by a Registered Practitioner or Advanced Practitioner with at least one year's experience. This trial ends as of December 31, 2006. Three such study groups taken between Sept. 28, 2004 and Dec. 31, 2006 can also count for credit but in that case classes cannot be substituted for study groups.

Class Descriptions Cont'd

Electives (120 units)

May be classes or projects, or a combination of the two.

Classes include additional core classes, anatomy and physiology or other Ortho-Bionomy relevant courses designed by a registered SOBI instructor such as visceral, communication skills, self-care, TMJ, carpal tunnel, working with fibromyalgia, etc.

Projects include a research project or Ortho-Bionomy related community service project to be designed by advisor and student and a report of which would be sent with the other completed program documentation to the Practitioner Review Committee for review. The value of the project would depend on the time required as worked out between the advisor and student. A project could be an academic research project or community service with a specific group. The following is a short list of sample projects or special population that could define a research project or community service project in Ortho-Bionomy:

- * horses
- * cancer patients
- * asthma patients
- * Post Traumatic Stress Syndrome
- * benefits of Ortho-Bionomy in surgical recovery
- * domestic abuse survivors
- * fibromyalgia patients
- * individuals with multiple sclerosis
- * sexual abuse survivors
- * individuals with carpal tunnel
- * children or adults with ADD or ADHD
- *athletes

If a student chooses to work with a specific group of people, the project could include a set number of client hours, a number of research hours to become familiar with the condition, and a number of hours to write a research report. For example, if a student chooses to work with carpal tunnel s/he would research the etiology of the syndrome, the current treatment options available and their success rate, and then find a group of people to work with who have carpal tunnel. After completion of the treatments a report would be written summarizing the research and the client's results with Ortho-Bionomy. A general guideline for writing up a research project could be as simple as following the case study guidelines or as in depth as following the protocol for publication in a medical journal. It is up to the student to choose how they wish to write up the project. This write up must be included with the documentation that goes to the PRC at the completion of the Advanced Practitioner Training Program. The student is free and encouraged to publish any write up that is performed as part of the training program.

Evaluation for Registered Advanced Practitioner Program

Upon completing the Advanced Practitioner Training Program curriculum, you will enter into the evaluation phase of your program. The following activities are included as part of your evaluation process:

1. Three sessions given to Registered Instructors or Advanced Practitioners in good standing. At least two of the evaluations must be with Instructors and one with the student's advisor.
2. Demonstration of Ortho-Bionomy given as an introduction to your practice, to a minimum of four people, observed by an Instructor.
3. A short typed essay (at least one page) on what the philosophy and principles of Ortho-Bionomy mean to you personally and professionally.

Completing Your Evaluation:

When you have completed your evaluation activities, please send four completed packets of the required documentation to the Society office. All waivers must be approved by the Practitioner Review Committee prior to sending in your final packet. Please do not send in your materials piecemeal. Please remember to keep a copy of all documentation for yourself and send a copy of your packet to your advisor. Refer to the **Final Checklist Prior to Sending Documentation to the Society Office for the Practitioner Review Committee** on page 14 of this handbook, to confirm you are ready to submit copies of your Advanced Practitioner Training Program documentation.

Submission To Become A Registered Advanced Practitioner:

Once you have completed all the requirements and documentation to become a Advanced Practitioner, including having your advisor sign off on your completed Advanced Practitioner Training Program Record Form, please send in to the SOBI office 4 copies of your Advanced Practitioner Training Program packet. This includes a typed letter announcing your request to be registered as a Advanced Practitioner, letters of Recommendation from the three instructors who received your evaluation sessions, a letter of recommendation from the Registered Instructor who observed your demonstration, documentation of approved waivers of any requirements, your Program Record Form, with your advisor's signature confirming satisfactory completion of program and the documentation, and your completed typed essay. You must also send the \$150 matriculation fee to the Society. Please keep the originals of all your documentation and send an additional copy of your packet to your Advisor.

Please mail in your complete packet (mail marked "no signature required" – keep postal receipt for your records) at least two weeks prior to the submission deadline to confirm you make the deadline and, if there is anything missing from your packet, you have time to submit this documentation and do not have to wait for the next submission date. The Practitioner Review Committee (PRC) submission deadlines are March 15, June 15, September 15 and December 15. The PRC will verify the completeness of the file and also conduct a qualitative examination of the documentation to assess the readiness of a candidate to become a Registered Advanced Practitioner. The PRC may approve your application or request some clarification or additional work for you to qualify. The PRC may also contact your advisor for clarification. Please note the review committee will only review one level of evolverment at a time and trainees must have previously registered for the Training program for which they are applying. (Faxed or e-mailed forms can not be processed)

A complete submission checklist has been provided on page 14 of this Advanced Practitioner Training Program Handbook.

The SOBI office holds all paperwork until the next committee date, at which time your Advanced Practitioner paperwork is sent to the three Instructor/Practitioner members of the Practitioner Review Committee (PRC). The committee reviews all of your documentation and assesses if you have met the

requirements to evolve to the Advanced Practitioner level. The Practitioner Review Committee may request some clarification or some additional work based on their review.

The SOBI office receives notice of evolutions from the PRC by the next submission deadline. As soon as notice is received from the PRC, the SOBI office will email or mail you the results of your submission. Once you have been approved by the Practitioner Review Committee as a Advanced Practitioner, you will receive correspondence from the Society of Ortho-Bionomy welcoming you as a Registered Advanced Practitioner member, as well as an Advanced Practitioner Certificate. **Please note it takes approximately 8 weeks from notice of your evolution for your certificate to be mailed.** Your annual registration (membership) fee will be \$135 annually. Please remember, you must be in good standing with the Society to receive your certificate.

Registration as an Advanced Practitioner

As a Registered Advanced Practitioner member of the Society, you will continue to have voting privileges, receive referrals through the Society office, and receive logo sheets from the Society. You will be entitled to use the words Registered Advanced Practitioner, Advanced Practitioner of Ortho-Bionomy on your literature and personal website. Your contact information will continue to be listed on www.ortho-bionomy.org in the Practitioner/Instructor locator. You will continue to be entitled to use the Sand Dollar registered mark and all of the other benefits included as part of professional membership. In addition, you will be eligible for any workshop offered by the Society for professional members only.

Continuing Education Units:

Sixteen units of continuing education are due every other year, along with the annual payment of membership dues to maintain active status as a Registered Advanced Practitioner. All Continuing Education must be taken with a Registered Ortho-Bionomy Instructor in good standing.

Congratulations on your decision to begin the Advanced Practitioner Training Program and enjoy your journey.

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Trademark Guidelines and Member Agreement

The Society of Ortho-Bionomy International, Inc. owns these registered trademarks: Ortho-Bionomy[®],

Society of Ortho-Bionomy International[®], and the Sand Dollar design.

The Society encourages its members to promote their individual Ortho-Bionomy practices in ways that maintain the integrity and reputation of the Society's programs and services.

STUDENT MEMBERS:

Student Members cannot use any of the Society's trademarks.

ASSOCIATE MEMBERS:

Associate Members can use the term Ortho-Bionomy in promotional literature by listing "Ortho-Bionomy[®]" among the bodywork modalities that they practice. Associate Members can also state that they are members of the Society of Ortho-Bionomy International[®]. They cannot use the Society's trademarks in any way that suggests they specialize in, or exclusively practice, Ortho-Bionomy or in any way that suggests they have completed the Society's Registered Practitioner Program. They cannot use the words "registered," "practitioner," or "instructor" in conjunction with the term Ortho-Bionomy[®]. Associate Members cannot use the Sand Dollar trademark.

PROFESSIONAL MEMBERS:

Professional Member can use the trademarks Ortho-Bionomy[®], Society of Ortho-Bionomy International[®] and Sand Dollar design in promoting their Ortho-Bionomy practice or teaching. Practitioner Members can also use the phrase "Registered Practitioner of Ortho-Bionomy[®]" in promotional literature. Instructor Members can use the phrase "Registered Instructor of Ortho-Bionomy[®]." The Sand Dollar trademark may be used in any size, but it may not be modified in any other way. The Sand Dollar trademark must always be accompanied by the symbol "®". In order to ensure that Ortho-Bionomy training meets the standards of the Society, Instructor Members must submit their instructional materials to the Society for review and approval.

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CODE OF ETHICS

As a registered member of the Society of Ortho-Bionomy International[®] I agree to uphold the highest standards of professional behavior, guided by the Code of Ethics stated below.

1. The philosophy and concepts of Ortho-Bionomy shall be the guiding principles in my work with clients.
2. I will at all times render the highest quality of services possible for the well being and benefit of my client.
3. I will only offer skills or services in which I have specifically been trained. For issues that fall beyond the scope of my practice, I will refer clients to other qualified professionals.
4. To protect the privacy of my clients, I will keep all communications, clients' records and client identity confidential.
5. Recognizing the vulnerability of the client in a therapeutic relationship, I will maintain the highest standard of professional conduct. I will show regard for common legal, moral and ethical standards.
6. To preserve the integrity of Ortho-Bionomy, I will make a clear distinction between Ortho-Bionomy and other modalities that I use.
7. I will bring to the notice of the Society any action of another member that appears to be ethically inappropriate or contrary to standards set by the Society.
8. I will use all Society trademarks only in accordance with the current established guidelines. Failure to follow guidelines will lead to suspension of said trademark use.
9. I will endeavor to improve my technical skills and professional standards through continuing educational training.
10. I will uphold professional relationships, never slandering a member of the Ortho-Bionomy community or the allied professional community.
11. Anyone in my employment will abide by the policies and trademark regulations set by the society of Ortho-Bionomy.
12. I will display a copy of this code of ethics in my work area where it is clearly visible.
13. I understand that transgression of the Codes of Ethics may result in the surrender of my membership.

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Registered Advanced Practitioner Program Application Form

Please Type or Print Clearly

_____		_____
Name		Date

Address		
_____	_____	_____
City	State/Province	Zip/Postal Code
_____	_____	
Country	Home Phone	
_____	_____	
E-mail	Work Phone	

Entrance Requirements:

Date of registration as a Registered Practitioner _____

Advisor Information:

Advisor Name (Please print legibly) _____

Advisor Signature _____

Enrollment Fee: \$100

Visa/Mastercard Number _____ Exp. Date _____

Signature _____

-----For Office Use Only-----

_____ Date Received Applicant Notified Advisor Notified ACT! Noted

Checklist for Advanced Practitioner Program Record Form

As you complete each class or requirement, check the appropriate box below:

- 16 Units Phase IV
 - 16 Phase V
 - 16 Phase VI
 - 8 Phase VII
 - 16 Postural Re-education & Post Techniques
 - 16 Isometrics
 - 16 Exploration of Movement
 - 16 Chapman's Reflexes
 - 16 Ethics & Emotions
 - 16 Cranial
 - 120 Electives *Specify number of units below in each category*
 _____ *Class Credits* _____ *Research Project* _____ *Community Service Project*
 - 40 Residential (5 day minimum)
 - 18 Study Group (six 3/hour minimum)
 - 22 Tutorial
 - 8 Sessions Received
 - 3 Feedback Sessions
 - 3 Evaluation Sessions (three)
 - 8 Consultations (formerly private discussion)
 - 150 Documented Sessions (some as case studies)
 - 1 Supervised Demonstration (one)
 - 1 Essay
- 502 Units Total

Final Checklist Prior to Sending Advanced Practitioner Documentation to the Society Office For the Practitioner Review Committee (PRC)

- Typed Letter announcing your request to be registered as an Advanced Practitioner
- Typed Letters of Recommendation including documentation and feedback sessions attached.
- Advisor Signature confirming completion of program. (bottom of page 20)
- A letter of recommendation from the Registered Instructor who observed your demonstration.
- Typed Essay
- Confirm all course requirements have been signed off by the instructor or your advisor. Also include any letters granting previously requested waivers.
- Include \$150 Matriculation Fee to the Society of Ortho-Bionomy International.
- 4 copies of program forms, waivers and support documentation, **keep copy of forms for your records.**
- 1 copy of your entire packet sent to your advisor
- Please mail in your forms (mail marked "no signature required", keep postal receipt for your records) to the Society office at least two weeks prior to the next PRC deadline. The Practitioner Review Committee review period begins March 15, June 15, September 15 and December 15. Only one level of evolution will be review at a time and the trainee must have completed their application and registered for the Advanced Practitioner before they send in their final submission packet.

You will receive notice from the SOBI office that your packet has been received either by mail or e-mail. The office will contact you if there are any questions regarding your completed Advanced Practitioner Packet.

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Registered Advanced Practitioner Program Record Form (Page 1 of 6)

Please Type or Print Clearly

Name Date

Address

City State/Province Zip/Postal Code

Country Home Phone

E-mail Work Phone

Date Enrolled in Advanced Practitioner Training Program _____

Date Completed Advanced Practitioner Training Program _____

Advisor Information:

Advisor Name (Please print legibly) _____

Advisor Signature _____

Matriculation Fee: \$150

Visa/Mastercard Number _____ Exp. Date _____

Signature _____

-----For Office Use Only-----

- | | | | |
|----------------------------|---|---|--|
| _____ Date Received | <input type="checkbox"/> Applicant Notified | <input type="checkbox"/> Advisor Notified | <input type="checkbox"/> ACT! Noted |
| _____ PRC Results Received | <input type="checkbox"/> Web Notified | <input type="checkbox"/> Newsletter | <input type="checkbox"/> Certificate Spell Check |
| | <input type="checkbox"/> Cert. Sent for Signature | <input type="checkbox"/> Certificate Back | <input type="checkbox"/> Certificate Mailed |
| | <input type="checkbox"/> Member Card Sent | | |

Advanced Practitioner Program Record Form (Page 2 of 6)

Phase IV (16 units)

Class	Location	Date	Units	Inst./Adv. Sign

Phase V (16 units)

Class	Location	Date	Units	Inst./Adv. Sign

Phase VI (16 units)

Class	Location	Date	Units	Inst./Adv. Sign

Phase VII(8 units)

Class	Location	Date	Units	Inst./Adv. Sign

Postural Re-education & Post Techniques (16 units)

Class	Location	Date	Units	Inst./Adv. Sign

Isometrics (16 units)

Class	Location	Date	Units	Inst./Adv. Sign

Exploration of Movement Patterns (16 units)

Class	Location	Date	Units	Inst./Adv. Sign

Chapman's Reflexes (16 units)

Class	Location	Date	Units	Inst./Adv. Sign

Ethics & Emotional Issues (16 units)

Class	Location	Date	Units	Inst./Adv. Sign

Cranial (16 units)

Class	Location	Date	Units	Inst./Adv. Sign

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5. Date: _____
Inst. Name: _____ Signature: _____
Topic: _____

6. Date: _____
Inst. Name: _____ Signature: _____
Topic: _____

Tutorial (22 units) It is recommended that for every 100 classroom units you complete, you receive 3 sessions, do 1 session for feedback and participate in 3 private consultations.

Sessions Received (8 units)

Date	Instructor/Practitioner	Date	Instructor/Practitioner
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Sessions for Feedback (3 units)

1. Session for Feedback

Date: _____ Instructor Signature: _____
Focus of session, Instructor comments and recommendations: _____

2. Session for Feedback

Date: _____ Instructor Signature: _____
Focus of session, Instructor comments and recommendations: _____

3. Session for Feedback

Date: _____ Instructor Signature: _____
Focus of session, Instructor comments and recommendations: _____

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Consultations (8 Units)

1. Date: _____ Instructor Signature: _____
Topic: _____
2. Date: _____ Instructor Signature: _____
Topic: _____
3. Date: _____ Instructor Signature: _____
Topic: _____
4. Date: _____ Instructor Signature: _____
Topic: _____
5. Date: _____ Instructor Signature: _____
Topic: _____
6. Date: _____ Instructor Signature: _____
Topic: _____
7. Date: _____ Instructor Signature: _____
Topic: _____
8. Date: _____ Instructor Signature: _____
Topic: _____

Documented Sessions (150 Units)

	Date	Units	Instructor/Advisor Signature
Reviewed	_____	50	_____
Reviewed	_____	50	_____
Reviewed	_____	50	_____

Case Studies A minimum of at least 4 sessions written as a case study, preferably at least 5-10 case studies of 5-10 sessions each. Of the documented sessions, fill in the number below that were presented as case studies.

	Date	Units	Instructor/Advisor Signature
Reviewed	_____	_____	_____

Evaluation Sessions (3 Units)

- Documentation of Session Attached
Date: _____ Instructor Signature: _____
- Documentation of Session Attached
Date: _____ Instructor Signature: _____
- Documentation of Session Attached
Date: _____ Instructor Signature: _____

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Supervised Demonstration (1 Unit)

Documentation of Demonstration Attached

Date: _____ Instructor Signature: _____

Essay

Typed Essay Attached

Notes:

Advisor/Instructor Signature Confirming Completion of Program

(Advisor/Instructor Name Printed)

I _____ have reviewed the completed Record form and supporting documentation and the applicant has completed the required elements satisfactorily.

Advisor/Instructor Signature

Date